

BASIC CATHOLIC PRAYERS TO KNOW

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth; and in Jesus Christ, His only son, Our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He rose again from the dead. He ascended into heaven, sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Hail Holy Queen

Hail, holy Queen, Mother of mercy; hail our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us. And after this our exile show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.
V. Pray for us, O Holy Mother of God;
R. That we may be made worthy of the promises of Christ.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided. Inspired by this confidence, I fly unto you, O Virgin of Virgins, my mother. To you I come; before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy, hear and answer me. Amen.

Rosary Prayer

O God, whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant we beseech Thee, that meditating upon these mysteries of the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

Fatima Invocation

O my Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those most in need of thy mercy.

Mysteries of the Rosary

The Joyful Mysteries

(Said on Mondays)

1. The Annunciation
2. The Visitation
3. The Nativity of Our Lord
4. The Presentation in the Temple
5. The Finding in the Temple

The Sorrowful Mysteries

(Said on Tuesdays and Fridays)

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

The Glorious Mysteries

(Said on Wednesdays, Saturdays, & Sundays)

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption
5. The Coronation

The Luminous Mysteries

(Said on Thursdays)

1. The Baptism in the Jordan
2. The Wedding Feast at Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist

Prayer to St. Michael

St. Michael, the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into hell Satan and the other evil spirits who prowl about the world seeking the ruin of souls. Amen.

The Angelus

V. The angel of the Lord declared unto Mary.
 R. And she conceived by the Holy Spirit. Hail Mary... etc.
 V. Behold the handmaid of the Lord.
 R. Be it done unto me according to Thy word. Hail Mary... etc.
 V. And the Word was made flesh.
 R. And dwelt among us. Hail Mary... etc.
 V. Pray for us, O Holy Mother of God.
 R. That we may be made worthy of the promises of Christ.
 Let us pray: Pour forth we beseech Thee, O Lord, Thy grace into our hearts; that we to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross, be brought to the glory of His Resurrection through the same Christ our Lord. Amen.

Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer you all my prayers, works, joys and sufferings of this day, for all the intentions of your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all my relatives and friends and in particular for the intentions of the Holy Father. Amen.

Evening Prayer

O my God, I adore You, and I love You with all my heart. I thank You for having created me and saved me by Your grace, and for having preserved me during this day. I pray that You will take for Yourself whatever good I might have done this day, and that You will forgive me whatever evil I have done. Protect me this night, and may Your grace be with me always. Amen.

Regina Coeli

(Said during the Easter season in place of the Angelus.)
 Queen of Heaven, rejoice, alleluia:
 For he whom you were privileged to bear, alleluia,
 Has risen as he said, alleluia.
 Pray for us to God, alleluia.
 V. Rejoice and be glad, O Virgin Mary, alleluia.
 R. Because the Lord has truly risen, alleluia.
 Let us pray: O God, you gave joy to the world through the Resurrection of your Son, our Lord Jesus Christ. Grant that we may obtain, through his Virgin Mother, Mary, the joys of everlasting life. Through the same Christ our Lord. Amen.

Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of Your faithful, and kindle in them the fire of Your love.
 V. Send forth Your Spirit and they shall be created.
 R. And You shall renew the face of the earth.
 Let us pray: O God, You have taught the hearts of the faithful by the light of the Holy Spirit; grant us, in the same Spirit, to have a taste for what is right, and to rejoice always in His consolation. Through Christ our Lord. Amen.

Grace Before Meals

Bless us, O Lord, and these Your gifts, which we are about to receive from Your bounty, through Christ, Our Lord. Amen.

Grace After Meals

We give You thanks for all Your benefits, O Almighty God, who lives and reigns forever. May the souls of the faithful departed through the mercy of God, rest in peace. Amen.

Act of Contrition

O my God, I am heartily sorry for having offended you and I detest all my sins because of your just punishments, but most of all because they offend you my God who are all good and deserving of all my love. I firmly resolve with the help of your grace to sin no more and to avoid the near occasions of sin. Amen.

Act of Faith

O my God, I firmly believe that You are one God in three Divine Persons, the Father, the Son and the Holy Spirit. I believe in Jesus Christ, Your Son, who became man and died for our sins, and who will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You have revealed them, who can neither deceive nor be deceived. Amen.

Act of Hope

O my God, trusting in Your infinite goodness and promises, I hope to obtain pardon of my sins, the help of Your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen.

Act of Love

O my God, I love you above all things, with my whole heart and soul, because You are all-good and worthy of all my love. I love my neighbor as myself for love of You. I forgive all who have injured me, and I ask pardon of all whom I have injured. Amen.

Spiritual Communion

O Jesus, I turn toward the holy tabernacle where You live hidden for love of me. I love you, my God. I cannot now receive You in Holy Communion. Come, nevertheless, to visit me with Your grace. Come spiritually into my heart. Purify it, sanctify it, render it like unto Your own. Amen.